AMERICAN SPEECH-LANGUAGE-HEARING ASSOCIATION

Cultural Competence Checklist: Personal Reflection

Ratings:
1 Strongly Agree
2 Agree
3 Neutral
4 Disagree
5 Strongly Disagree

This tool was developed to heighten your awareness of how you view clients/patients from culturally and linguistically diverse (CLD) populations.
***There is no answer key; however, you should review responses that you rated 5, 4, and even 3.**

___ I treat all of my clients with respect for their culture.

___ I do not impose my beliefs and value systems on my clients, their family members, or their friends.

___ I believe that it is acceptable to use a language other than English in the U.S.

___ I accept my clients' decisions as to the degree to which they choose to acculturate into the dominant culture.

___ I provide services to clients who are GLBTQ (Gay, Lesbian, Bisexual, Transgender, or Questioning).

___ I am driven to respond to others' insensitive comments or behaviors.

___ I do not participate in insensitive comments or behaviors.

___ I am aware that the roles of family members may differ within or across culture or families.

___ I recognize family members and other designees as decision makers for services and support.

___ I respect non-traditional family structures (e.g., divorced parents, same gender parents, grandparents as caretakers).

___ I understand the difference between a communication disability and a communication difference.

___ I understand that views of the aging process may influence the clients'/families' decision to seek intervention.

___ I understand that there are several American English dialects. I recognize that all English speakers use a dialect of English.

I understand that the use of a foreign accent or limited English skill is not a reflection of:

___ Reduced intellectual capacity

___ The ability to communicate clearly and effectively in a native language

I understand how culture can affect child-rearing practices such as:

___ Discipline

___ Dressing

___ Toileting

___ Feeding

___ Self-help skills

___ Expectations for the future

___ Communication

I understand the impact of culture on life activities, such as:

___ Education

___ Family roles

___ Religion/faith-based practices

___ Gender roles

___ Alternative medicine

___ Customs or superstitions

___ Employment

___ Perception of time

___ Views of wellness

___ Views of disabilities

___ The value of Western medical treatment

I understand my clients' cultural norms may influence communication in many ways, including:

___ Eye contact

___ Interpersonal space

___ Use of gestures

___ Comfort with silence

___ Turn-taking

___ Topics of conversation

___ Asking and responding to questions

___ Greetings

___ Interruptions

___ Use of humor

___ Decision-making roles

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*While several sources were consulted in the development of this checklist, the following document inspired its design: Goode, T. D. (1989, revised 2002). Promoting cultural and linguistic competence self-assessment checklist for personnel Providing services and supports in early intervention and childhood settings.

Reference this material as: American Speech-Language-Hearing Association. (2010). *Cultural Competence Checklist: Personal reflection.* Available from http://www.asha.org/uploadedFiles/Cultural-Competence-Checklist-Personal-Reflection.pdf.

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